

SUPPORT GROUPS

SUPPORT GROUPS - A

UTC 6:30 PM

MONDAY FEB 5, 2024 UTC 6:30 PM

Challenging the Male Mindset [Shaun Hamilton](#)

Women & Islam, the View on Women's Rights [Khadijah](#)

TUESDAY FEB 6, 2024 UTC 6:30 PM

Trans and Gender Expansive Support Group [Ley David Elliette Cray, Ph.D](#)

How to Navigate Lost Attraction to Your Spouse/Partner [Amanda Metta](#)

WEDNESDAY FEB 7, 2024 UTC 6:30 PM

Somatics: Trauma Healing [Kelsey Maeve](#)

Will Non-Monogamy Actually Work for Me? [Elizabeth Cunningham](#)

THURSDAY FEB 8, 2024 UTC 6:30 PM

Sex Positive Parenting [DeVika M. Lyles, M.Ed.](#)

Doing the Work: Recognizing & Addressing Internalized Body Shame [Auntie Vice](#)

FRIDAY FEB 9, 2024 UTC 6:30 PM

BDSM: Bringing Dominance Safely to the Masses [Jet Setting Jasmine](#)

Reflection and Integration (for Self-Identified Black Women) [Queen Mutima Imani](#)

SUPPORT GROUPS - B

UTC 5:30 AM

TUESDAY FEB 6, 2024 UTC 5:00 AM

Freedom Support Group: Releasing Sexual Shame [Elisa with Ethology](#)

Relationships & Their Forms Are Optional: Avoiding the Life You Don't Want & Finding the Life You Do. [Carol Queen](#)

WEDNESDAY FEB 7, 2024 UTC 5:00 AM

Empowering Sex Over a Lifetime [Maggie Rast](#)

Shame of Difference [Angel Adeyoha](#)

THURSDAY FEB 8, 2024 UTC 5:00 AM

Kink, BDSM, and Other Eccentric Fun [Midori](#)

FRIDAY FEB 9, 2024 UTC 5:00 AM

Defining Your Own Identity (Pan/ Bi/ Poly Men) [Tony Animuntu](#)

Finding Your Place in the World (Pan/Bi/Bi-Curious Women) [Marcia Baczynski](#)

SATURDAY FEB 10, 2024 UTC 5:00 AM

Embracing Your Eccentric Sexuality [Ico Edward Fish](#)

How to be a Safe Support System for Queer Kids [Kena Hazelwood](#)

NOTE: Check your local time zone in the chart for your region. Support groups in each time period run concurrently and will NOT be recorded.